

Local news from your local Healthwatch

Storytime at Slough Libraries

January 2019

This month Healthwatch Slough met parents and children when we led storytime sessions at libraries across Slough from 14-18 January. This enabled us to hear your stories...

Healthwatch Slough: your independent consumer champion.

We gather people's stories about their experiences (e.g. how your visit to the dentist went, or what you think of Gran's care home). We use this information to improve services.

"Why don't Slough midwives do home visits at the weekend? A trip to the hospital was so hard for me."

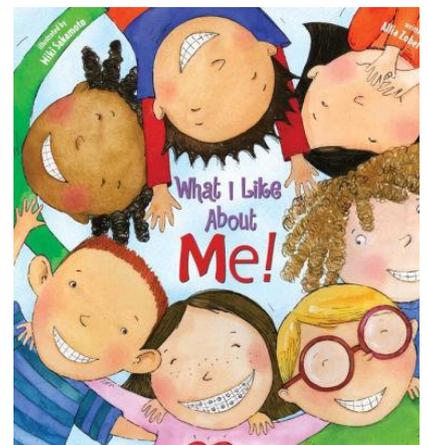
When our
storytimes took
place:

Mon 14 Jan
Britwell Library

Tues 15 Jan
The Curve

Thur 17 Jan
Langley Library

Fri 18 Jan
Cippenham Library



Our storytime theme:

As 14-20 January was National Obesity Awareness Week, we focused on looking after our bodies.

We talked to them about visiting the GP, hospital and optician.

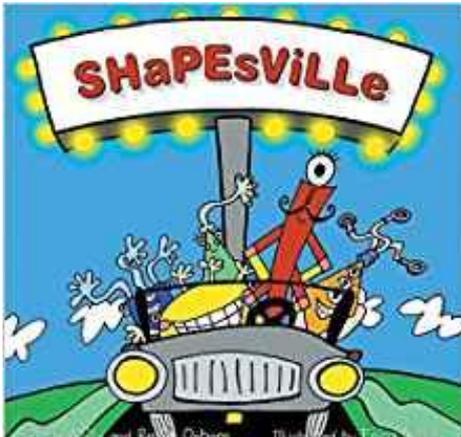
We asked the children "What do you do to look after your bodies?"

The books we read aloud at each session were about positive body image (for details see overleaf).

We gave out colouring in sheets on the same topic.

"Thank you for
taking the time
to do this with
our children. The
material is so
important."

Shapesville by Andy Mills & Becky Osborn, illustrated by Erica Neitz



Listening to your stories

At the end of the session, we invited parents to tell us about the care they and their children had received.

Quotes from their stories are reproduced here. We took all the information and recorded it on our database.

"I'm happy with my GP surgery in Cippenham. Dr Nabi is particularly good."

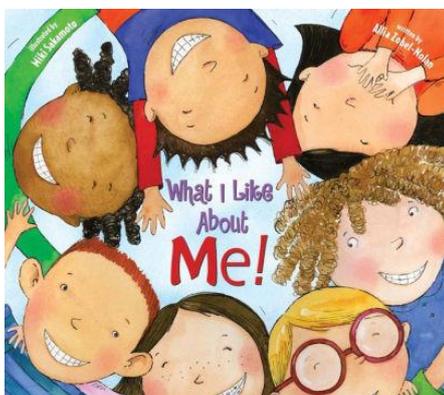


"I miss my family and often feel isolated. I worry my child has withdrawn into herself. It would be great to have support for new arrivals to Slough"

"I was told if I wasn't happy I could go private."



What I Like About Me by Allia Zobel Nolan, illustrated by Miki Sakamoto



We use stories from patients and the public to identify themes and feed back key messages to the relevant providers (e.g. GP surgeries) to encourage good care and help make improvements.

Are you a parent? Tell us your views about care you or your family have received. Contact us via www.healthwatchslough.co.uk or download our Speak Out app.

Topics which the storytime parents talked to us about

1 GPs and GP surgeries

2 Mental health and emotional wellbeing

3 Midwives

4 Wexham Park Hospital

"It's so hard to get an appointment at my surgery... the phone just rings."

