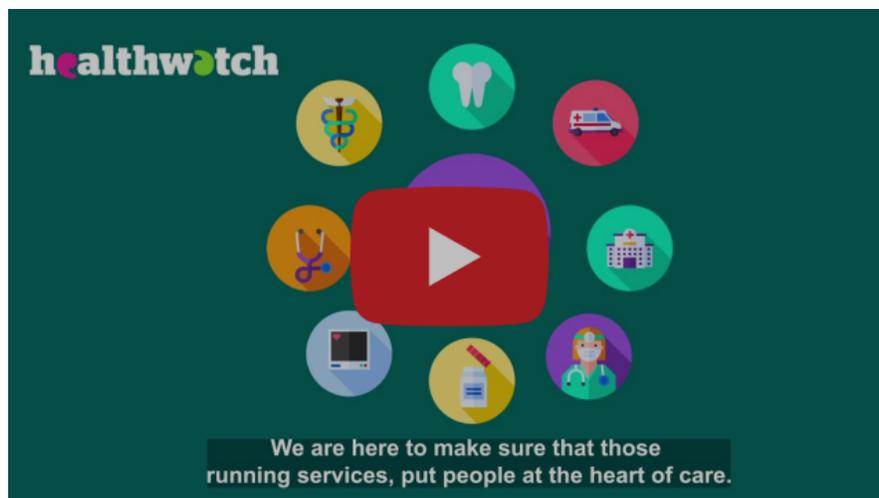




## What Matters Most



Our work relies on people telling us what they like about health and social care services, and what they think could be improved. We need your help to do this by completing the below survey and sharing it amongst your friends, family and colleagues. The more people we reach, the better idea we have of where to focus our priorities. We can then share this with those who have the power to make change happen.

The survey is available in [English](#), [Polish](#), [Punjabi](#) and [Urdu](#). If you, or someone you know, needs support when filling out the survey please call 0300 0120184.

[Fill out the survey](#)



### Applegarth Care Home Enter & View Report

Healthwatch Slough conducted a virtual Enter and View of Applegarth Care Home in September 2020. [Download the report to see our findings.](#)



### Sign up to become a volunteer

Healthwatch East Berkshire volunteers play a pivotal role in helping to deliver our projects, and work towards lasting and beneficial changes. We aim to involve a diverse range of volunteers who are reflective of the local community, have a variety of skills, and can offer time and passion to our work. Read more on our [website](#) or [contact Megan Horwood.](#)



### New East Berkshire Manager

Rafal Nowotynski joined Healthwatch in March 2021 and holds responsibility for Healthwatch operations and projects in East Berkshire (Slough, Windsor & Maidenhead, Ascot and Bracknell Forrest). [Find out more about Raf and other members of the team.](#)



### Healthwatch England Annual Report 2019 - 2020

Since COVID-19 struck, the work of the Healthwatch network to support and listen to local people became more crucial than ever. Find out more in Healthwatch England's 2019-20 annual report to Parliament about how we have helped make care better. [Find out more.](#)

## East Berkshire News



### Frimley Healthier Together website

Frimley Health and Care, in partnership with FRANK, have created the new [Frimley Healthier Together website](#) to help local parents and carers manage a range of common childhood illnesses. The site provides information to help recognise what might be wrong, how to help whilst at home,



### Plans to revamp Britwell Centre

There are new plans to extend and revamp the Britwell Centre, in Slough, to provide improved health and council services in the heart of the community. The project includes a new facility for the Avenue Medical Centre and new health services. More information can be found [here](#).

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## Other News



### Mental Health Act

The government is planning to make changes to the Mental Health Act and is asking people to share their views on the changes, as part of an online consultation running until the end of April. [Find out more.](#)



### Census

The census gives us the most accurate estimate of households across England and Wales, including the number of people and their ages. Charities, hospitals and other organisations use this to plan and fund transportation, schooling, and healthcare services. The census helps the government, local authorities and other services understand the profile and needs of the population so that the right services can be provided in the future. [Learn more here.](#)



### Latest visiting guide to Care homes

All care home residents can nominate a single named visitor for indoor visiting. These visits will be supported by providing visitors with rapid lateral flow device (LFD) tests on every visit and appropriate personal protective equipment (PPE). [Find out more here.](#)

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Contact us: 0300 0120184 - 10am to 4pm

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